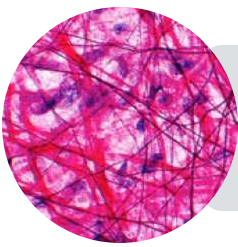




YOUR GUIDE TO PROLOTHERAPY

Prolotherapy is a regenerative, non-surgical procedure for injured or painful joints and connective tissue. The goal is to stimulate the growth of new collagen, which are the building blocks of ligament tissue.

TYPES OF TREATMENT



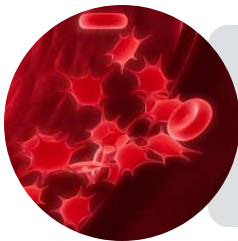
Traditional Dextrose

Concentrated dextrose solution that stimulates the body's natural ability to heal wounds and repair ligaments.



Mesenchymal Signaling Cells

Derived from patient's own bone marrow or adipose tissue; stem cells (among others) signal cell growth, repair, and remodeling of articular cartilage.

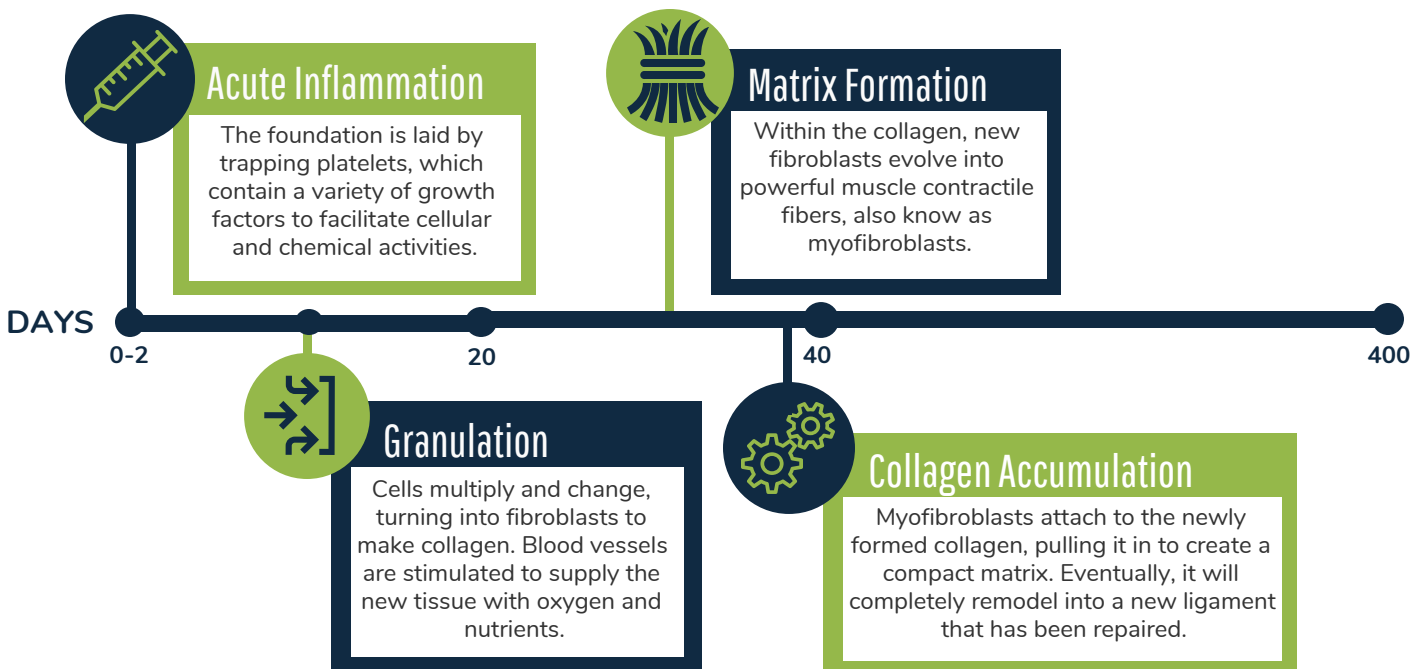


Platelet Rich Plasma (PRP)

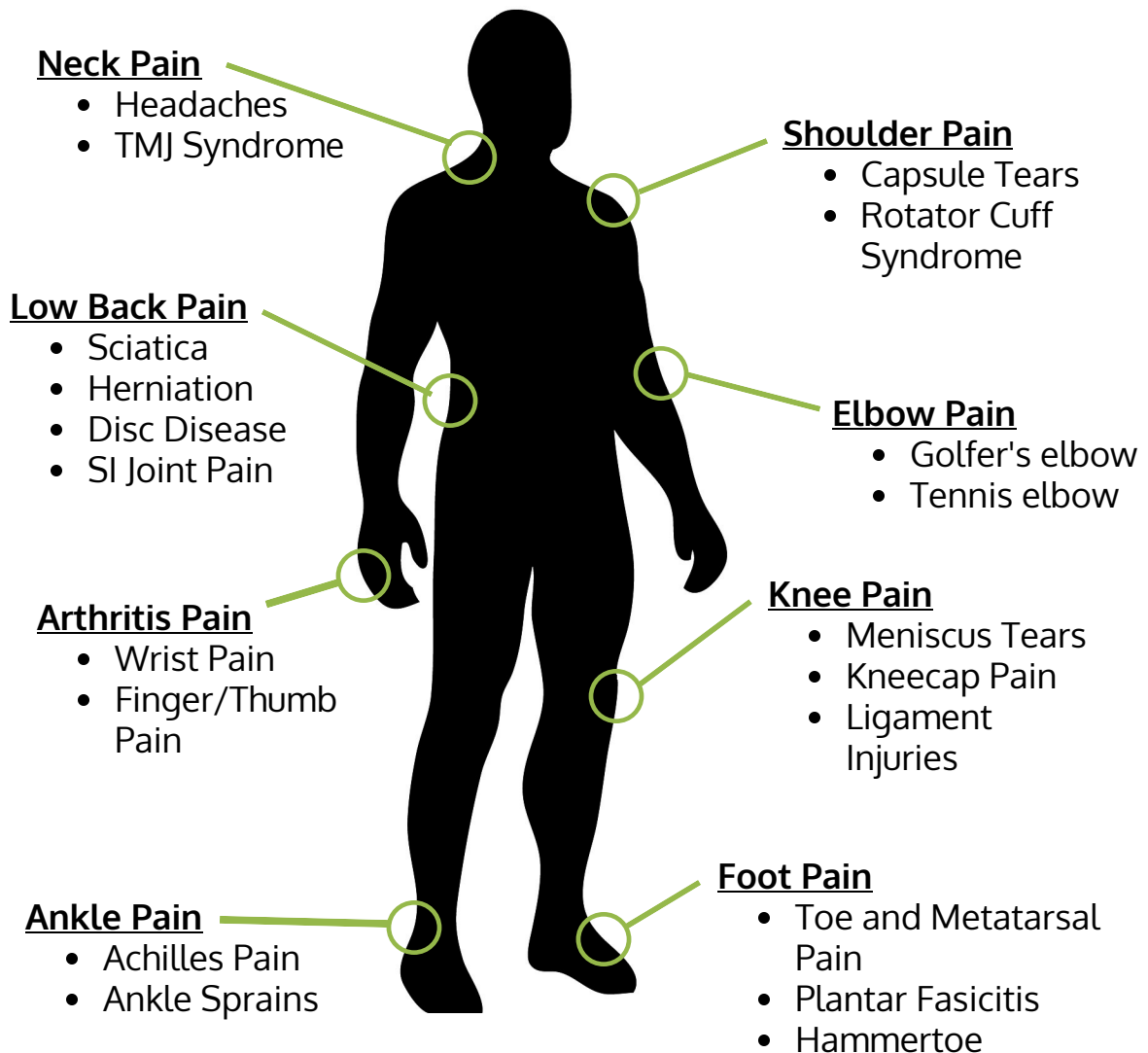
Concentration of patient's own platelets; contains growth factors and stem cell signaling markers to regenerate the affected area.

HOW IT WORKS

Prolotherapy is a series of precisely directed injections into joints where ligaments and tendons attach. This encourages growth of new ligament or tendon fibers, resulting in a tightening of the weakened structure. Continued treatments allow gradual buildup of tissue to restore original strength and reduce pain.



COMMON TREATMENT AREAS



FREQUENTLY ASKED QUESTIONS

How long has prolotherapy been used as a treatment?

Practitioners began to use prolotherapy as a treatment option as early as the 1930's. Dr. McBride has received advanced training, both nationally and internationally, and has successfully treated patients with prolotherapy for almost 20 years.

How many treatments are necessary?

We recommend 3-6 treatments depending on the severity.

How do you know the injection location is precise?

If necessary, we use ultrasound-guided injections or fluoroscopy. This allows us to be more accurate with our injections, resulting in better outcomes.

What is the recommended post-treatment care?

We encourage epsom salt baths, cold packs, movement, over the counter acetaminophen, and prescribed medication as needed.

How will I know if prolotherapy is right for me?

Call and schedule your appointment today!



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